

School District No.22 Academies and Specialized Programs enhance the traditional curriculum. Students are motivated to strengthen their skills and improve their abilities in programs that are offered both by the district and in partnership with community organizations. Participating students will receive specialized instruction and learning opportunities that increase student engagement and success.



ACADEMIES/SPECIALIZED PROGRAMS



Personalizing education for students with a passion for Rowing specific Athletic Development

Rowing Academy

Who may participate? Students in Grades 10-12 that have completed a Youth Rowing Program or Learn to Row program at VRDBC

What is the cost? Membership + Academy fee, details available at the Academy Night

How to apply? Academy athletes are required to be full season VRDBC members and pay an additional fee for the academy coaching. Interested rowers can complete the Rowing Academy Application form online.

More details? Contact:

Rod Peters: rpeters@sd22.bc.ca

International Student Program:
international@ds22.bc.ca



Competition Schedule

February, St Georges School Ergometer Competition.

March, Head Up The Creek- False Creek

May, Delta Deas Scholastic Regatta

June, Lap the Lake at VRDBC.

July, BC Championships as Club Team



Our Goals

- Provide a mechanism that facilitates weekday rowing training for academy athletes that does not disrupt their other high school courses.
- Give athletes an opportunity to develop teamwork, trust, personal challenge and discipline.
- Utilize a broad range of boat sizes to fully capture the crew element of rowing.

Athlete Learning Plan

Students will be credited for a minimum of one high school course. Participation in the academy will include:

- Principles of Rowing—Mandatory (Grades 10—12)
- Physical Education - Optional thru vLearn (Grades 10-12)
- Sport specific club coaching levels—Learn to Row Instructor
- Any other online courses that will help build a personalized learning plan to meet the students needs.